


KATHMANDU UNIVERSITY HIGH SCHOOL
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RESULT DAY

First continuous assessment result day has been scheduled on Saturday 17th July 2010. Parents are requested to visit and meet with teachers between 10:00am – 1:00pm. We would also like to inform you to clear the dues up to Ashad while receiving the report card. We would be really grateful to you if you paid the fee up to the Shrawan month.

REMINDER

The summer break begins from 22nd July 2010. Students go home on Wednesday afternoon (A level hostellers go on Thursday morning). School resumes from 2nd August 2010.

SLC RESULT

7th Batch of KUHS has also given the continuity for the history. Out of 55 students 19 passed in distinction and rest all in first division.

NEW APPOINTMENT

Mr. Shiva Raj Soti M.A in English from Tribhuvan University has been appointed as English Faculty for A level as well as Secondary wings. He is from Bajhang and has worked in different Institutions as an English teacher, article writer and IELTS Instructor for 8 years. He has also served as Principal for 2 years in Kathmandu.

UNIFORM

Those students who, do not have proper as well as enough sets of uniform, they are requested to manage during summer break (Please Contact Harry Collection -4225847/4245248).

A WORK SHOP PROGRAMME:

“Academic Excellence, leadership and service”to the nation is our primary concern. To prove this motto, we all at KUHS have been doing the best to improve our student’s academic skill. Regarding this, on 14th July we conducted English work shop program with our distinguished academic Figure **Prof. Dr. Shreedhar Pd. Lohani** (T.U English Department). He basically delivered his lecture on the importance of education, English language, literature (Poetry) and body language too. Students (class 9 – 12) were highly motivated to body language and cross – cultural topics. It was the pride of KUHS that such a renowned figure gave us time and the programme became really useful and effective we have also planned to invite such renowned personalities of Kathmandu University as Visiting / Guest lecture in the days to come.

JAPANESE VISITORS

As previous years 20 students and 3 faculty members from Jiyu Gakuen University Japan have arrived to our school on 14th July 2010. They will stay in school for 3 days.

During their stay, they interact and teach students from grade 1 to 8 in different areas like culture, science , plantation, gymnastics etc. Cultural exchange programme was also organized where students from both schools performed different traditional dances and music. They also played football with our school football team.



MEETING WITH PARENTS FROM KATHMANDU UNIVERSITY

A meeting was held on 7th July 2010 to discuss on various issues of school between KUHS management team and the parents from Kathmandu University.

We have discussed on various areas like admission policy, teaching learning process, especially in Mathematics, fee structure, PTA, Hostel Facilities etc.

KUHS Management team has taken all suggestions positively.

A MEMORABLE TRIP TO JAPAN

The International hospitality and conference service Association (IHSCA), Japan organized “ South Asian High School Students Exchange Program “ from June 23, 2010 to July 2 , 2010. The participant countries were Nepal , Pakistan, Bangladesh, Maldives, Afghanistan, Bhutan, Srilanka and India. On June 22, 2010 we started our trip and boarded towards Japan in the noon at 1.30pm. The total number of participants was 80. We represented Nepal and actively participated in the various exciting programs that had been already scheduled. I am very thankful to IHSCA , Japan , Mr. Ian Raitt(the academic director) Mr. Tejendra Rajbhandari (the principal)and all my colleagues for their co-operation and support.

The main objective of the program was to discuss about the environmental problems in SAARC countries and to provide the International platform for finding the possible solutions. Japanese were the best host, very hard- working and kind people. We were provided the best services and guidance during our stay. The major highlights of the programs were as follows:-



A.

- Lecture on “Environmental issues around the world,” by Em Prof. Jun- ichi Nishizawa , Adviser , Sophia University.
- Visit to Panasonic Center
- Sightseeing in Odaiba area.
- Visit Central Breakwater landfill site.
- Visit Tokyo Metropolitan Mihara High School
- Home stay
- Visit to Urayasu city Folk Museum ,Shibaura Water, Reclamation Center.

B. Kyoto

1. Visit to Kinkakuji Temple, Kadai Yuzen-en and Gallery, Kiyamizu Temple.

C. Hiroshima

1. Sightseeing in Mijajima (Itsukushima Shrine)
2. Lecture by an atomic bomb survivor (Matshimoto Tomiko)
3. Visit Hiroshima Peace memorial Musseum.

We returned to Tokyo from Hiroshima on 30June 2010 and very next day on 1 July 2010, we had SAARC – Japan International! Forum at “Providence Hall” and that was the summary of group discussion and presentations in plenary meeting adoption of action plan. It was one of the most memorable times spent in my life. I learnt many things and we had great time there.

List of Participants:-

1. Niva Shrestha
2. Rupesh Chaudhary – Student- KUHS
3. Avidha Shah – Student- KUHS
4. Divya Laxmi Subedi – KUHS A Level

Finally I would like to pay my sincere gratitude to my school (organization) for providing me such life time learning experience.

Niva Shrestha

Teacher (Humanities)

TEACHERS' EXCHANGE PROGRAM

I am glad that I went to St. Xavier's school Godawari in the Teacher's Exchange Programme. It was just a week visit there, but I learned new things and enjoyed teaching in their beautiful school, where the students are very obedient and smart. I found all the teachers to be very friendly and co-operative, and the different activities provided to their students are praise worthy.

I think St. Xavier 's (Godawari) is one of the best schools in Nepal that produces good citizens for the future.

Once again, I would like to thank all the students teachers and non-teaching staff for their warm welcome and for all the beautiful gifts and cards.

Ricky Naga

English Teacher

It's my honour that I went St. Xavier Jawlakhel for 'Teacher Exchange Program'. It was the program of one week. I found all the teachers and students cooperative, friendly and helpful. It was very enjoyable. I liked the school environment and the way of conducting assembly in the morning. I was really impressed with the management of school. I am thankful to the school administration to give me such opportunity. I expect such occasion in the days to come.

Uma Kutu,

Mathematics Teacher

It was my great pleasure to have participation on teacher exchange programme with Rose Bud School, Baneswor. I learned so many things from the school community though it was only for a short period. Cooperative management, friendly teachers and innovative students made me inspire to learn the teaching learning environment of Rose Bud School. I would like to express my heartily thanks to all the students and teachers especially the managing committee that helped me a lot during my stay.

Ram Chandra Parajuli

Mathematics Teacher

VOLLEYBALL

On 25th June , there was a Volleyball match held between the teachers of A Level and School Level Teachers. The match was held at around 1:20 pm. The teachers of school won by 2-1 in the 3 set match. The first was won by A Level teachers but our school teachers happened to win 2 in a row.

FOOTBALL

On 2nd of July, there was a Football match between married school teachers and unmarried school teachers. The married teachers lost the match 8-5 which shows that youth energy is greater. For married Ram Chandra sir scored a hattrick and Parsuram sir and Paras sir scored 1 each. For the unmarried, Kamal sir scored thrice, Pradeep sir scored twice, Prakash sir scored once and Ricky sir scored twice.

Saman Koirala & Riyaz Karki

Class 10B

ABOUT YOGA CLUB

We all have many different types of activities in our school. Among these, yoga club is the one. The yoga club is made to test and to improve the overall mental and physical activities of the students. It is conducted by our teacher (Secondary Co-ordinator) Mr. Madan Hamal. He teaches us many new yoga items like sit up, push up, jogging etc. He focuses on the proper development of the students. The yoga activities are weekly held in the multipurpose hall. We also get many advices and solutions for diseases. At first, we start the yoga club by doing the physical items then we do the mental items then at the last we finish the yoga by showing various new items to others. Sometimes we also go to the jungle area for having the mental refreshment. We also refresh our minds by asking general questions to each other. We sometimes involve in competition in doing yoga activities. It is the most enjoyable activities of our school. We have also developed yoga skills and learned how to be fit due to the help of yoga club. Therefore, all the students, who participate in this club have learned new things and developed their skills. Thank you.

Aagraha Aryal and

Bibhas Shrestha

Class: Eight

PLANTATION

On 13th July, we the students of class 9 went for 'Plantation Programme' held by our school. We went to a bare hill near our school and we planted two types of trees, one of them is Lapsi and the next is mimosa. In the plantation programme, we got the supervision of our sports teacher Paras Barun, Ram Chandra Thapa and Science teacher Barun Badal. We were taught to plant the trees properly by the help of our non-teaching staff Bikram dai. We learnt how to conserve the environment. We got the knowledge about the importance of plant in our life and others. We all had a great time planting the trees and we wish that we get more opportunity to plant trees.

Rishabh Thapa & Rahul Shrestha

Class 9



TRAINING FOR "THE COCA COLA CUP"

Though the world cup 2010 season has just ended all over the world, the girls footballer of our school have the football sensation along with the practices for upcoming interschool football tournament "the coca cup" that is going to take place from 8th of Shrawan 2067.

As our school is also participating in this tournament, it was very necessary to select players for the school team. So the selection began from the very first week of May, with altogether 25 interested candidates. After two weeks of training and observation by our coach Mr. Pradip Humagain, the player were selected gradually and finally the school squad was decided with altogether 18 players. Then onward special trainings were given to us, which was really tough during the beginning days. But the determination amongst the player made it easier as well as enthusiastic. We were taken to different fields for the training that made us familiar to control the ball in any field. In between the training session, a friendly match was organized with Malpi International School, in which our school sounded victorious with the total goals 2 – 1. The telecasting of the football matches of world cup made our players learn the techniques and helped in uplifting team co-ordination.

Our players have worked really hard for accomplishing the mission that is winning the trophy and fulfilling our dreams. So we hope that our dream for winning "The coca cola cup" comes true and our hard labour would be fruitful.

Priti Kharel

10B

In this amazing world of football we the girls of KUHS decided to walk forward to achieve our goals. As we moved forward, opportunities came further, likewise, after making a good girls football team we were able to cover up the death practice in a couple of months. Similarly, seeing our ability to do something, the

member of Info-Plus decided to sponsor a set of jersey for us . for that occasion the head of Info-Plus Mr. Summit Sharma and Member of ANFA Ramesh Rayamajhi showed up in the morning assembly of KUHS on 14th July 2010. Being sponsored by them was a big opportunity which left a dainty smile on everyone's face. We are very thankful to them and the members of KUHS. We hope the encouragement of the KUHS team & the higher expectation from the people supporting us , we will lead us to our destiny -----
Pradipti Acharya
10B

FRIENDLY FOOTBALL MATCH OF PRIMARY SCHOOL

Students of class 4 & 5 took part in a friendly football match with Emmanuel School of Dhulikhel. The match was organized by our school in our school playfield. The match was very competitive but our students lost the game by 2-0.

SPELLING CONTEST IN PRIMARY SCHOOL

All the students in class 1 to 5 took part a Spelling Contest. They were asked to write down the spelling of the words asked to them. As the words were not given before hand, students were very much curious and enthusiastic about participating.

BRITISH TEACHERS IN THE PRIMARY SCHOOL

We have two volunteer teachers to teach in class 3 and 4. Miss Arabella Buchanan is teaching in class 3 and Miss Melanie Falconer is teaching in class 4. They are the students who have finished their course of university. They are starting their career as teachers from September. Their approach, techniques and methods are well appreciated by our students as well as teachers.

We also have a Volunteer from UK to help our students in the English Lessons of class 6 and 7. He is called Charlie Swarbrick. Badminton is also his strength so he will be training our students for badminton as well.

'A VISIT TO JAPAN 2010'

It was the first time I was travelling on a jet plane and of course it was the first time I had a step in a foreign land. I had never imagined that I would one day get a chance to visit Japan. This is my biggest achievement till now.

I was selected as one of the representatives to represent Nepal in SAARC-Japan High School Students Exchange Program. The program was scheduled from June 24th to July 2nd. This program aimed at strengthening the relationship between SAARC countries and Japan and among SAARC countries themselves. From the very first day, we were already into making friends and exchanging culture. This program was organized by International Hospitality and Conference Service Association (IHCSA) and we were invited by Ministry Of Foreign Affairs, Japan.

During our stay there, we visited three different cities: Tokyo, Kyoto and Hiroshima. We arrived at Tokyo International Airport (Narita) on June 23rd and stayed there for 3 nights. In Tokyo, we got to see people very busy in their works. There were very huge buildings everywhere and no one was seen relaxed and carefree. The theme of our program was environment conservation and steps taken each country for environment conservation. We attended lecture by Em Prof. Jun-ichi Nishizawa (Sophiya University) on "Environmental issues around the world". We visited Panasonic Center and learnt about their technology and most of them were based on conservation of environment .we also learnt their system of garbage management.

The thing I enjoyed the most was the high school visit. We visited Mihara High School. There we introduced our country and knew about theirs too. We interacted with students and found lots of differences i.e their classrooms, teaching styles and almost everything. According to one of the students, they never study at their home and home works for them is like once in a blue moon!!! I had a lot of fun in my high school visit. Homestay was another exciting event.

Kyoto was full of monuments and reflected their past. We stayed in Kyoto for 1 night and visited two temples named Kinkakuji temple and Kiyomiju temple. Those temples were beautiful.

The city I liked the most in Japan was Hiroshima. That was a very relaxed city. There were fashionable people and it had a story. We went to an island and enjoyed sightseeing there. The place was called Miyajima. The most important event for me in the entire journey was the lecture by atomic bomb survivor. She is one of about hundred people, still alive after the bombing in Hiroshima. That was a very heart

touching story she told. In the course of about 65 years the city has developed so much and does not even leave a hint that this city was destroyed left without hope during the 2nd world war except for some replicas. We stayed in Hiroshima for 2 nights.

Japanese people are very hard working, disciplined and also very cheerful. They give a very warm hospitality. They are very specific about their time and they value their time a lot. Their food is not like ours. In most of the dishes, we had to add a bit of salt and pepper. But the deserts were superb. I tested a lot of foods during these days. I got a chance to live Japanese lifestyle.

I thank my teachers for trusting me and also my friends for supporting me. Your co-operation was very helpful in making my trip successful. I had time of my life in Japan.

Divya Laxmi Subedi

'A Level'

INFO SCIENCE

'One Step Ahead' is one of the leading clubs of KUHS, Cambridge A-level Programme. The committee consists of Dr.Suresh Raj Sharma as the patron, three advisors from the teachers: Mr. Ananda Raj kafle, Mr. Deepak Adhiraki and Mr. Devendra KC with total members of 35 including the President, Vice-President, General Secretary , Treasurer , 7 Executive Members along with 24 members from AS.

It has been two months since the establishment of the club. Till date, we have organized an anti drug programme in collaboration with NARCONON Nepal in 7th June in KU auditorium. We also have plans for other programmes related to Science, Information and Technology.

We are thankful to our Principal, Coordinator, teachers, staffs and all the students of KUHS A-Level for cooperating with us and hope for your positive responses and cooperation in the future.

Thank You.

Info Science

'A Level'

REQUEST FOR HELP

18 years old son of Mrs. Sarada Rokka hostel aaya didi of senior boys hostel has been suffering from **urinary bladder failures**. He needs to do dialysis frequently, school management committee has decided to collect fund from staff as well as equal amount would be added from school. It is our humble request to all parents, to support him as your small support can save his life. You can directly deposit your support in her account no. 006-04684KB

NCC Bank, Banepa Branch.

For further Information Please contact to Shova Rana - 9841257822.